

ONENESS

# ONENESS



a collection of quotes  
EDITED BY CASSANDRA DARLING

CASSANDRA-DARLING.COM

Recognize that  
all things exist in the One,  
and you will become the One.

THE BHAGAVAD GITA

The sky has no east  
or west, nor does not make  
any distinctions between  
this and that. Distinctions  
arise from the human mind  
alone.

THE BUDDHA

GLUE HERE  
DO NOT CUT

Oneness is the principle  
that underlies all things.  
It is the origin of the origin,  
the root of the root, the  
cause of all causes,  
It is that which reveals the  
essence of everything.

TAO TE CHING

I pray that they will be  
one. As you are in me and I am  
in you, I pray that they can also  
be one in us.

JESUS' PRAYER FOR UNITY, JOHN 17:21

Consciousness is never  
experienced in the plural,  
only in the singular.

ERWIN SCHRÖDINGER

The multiplicity of the  
empirical world rests on an  
underlying unity... Everything  
divided and different belongs  
to one and the same world,  
which is not the world of  
sense.

CARL JUNG

2  
GLUE HERE  
DO NOT CUT

The universe is an  
indivisible whole in which  
all things are interconnected,  
in which nothing exists in  
isolation.

ECKHART TOLLE

Science itself is demanding a new,  
non-fragmentary world view, in the  
sense that the present approach of analysis  
of the world into independently existent  
parts does not work very well in modern  
physics. It is shown that both in relativity  
theory and quantum theory, notions implying  
the undivided wholeness of the universe  
would provide a much more orderly way of  
considering the general nature of reality.

DAVID BOHM

Near the treasure of Unity!  
Simple were we and all one essence:  
we were knotless and pure as water. When  
that goodly Light took shape, it became  
many, like shadows cast by battlement.  
Demolish the dark battlement, and  
all the difference will vanish from amidst  
this multitude.

RUMI

I cut myself in the finger, and it pains  
me: this finger is a part of me. I see a  
friend hurt, and it hurts me, too: my friend and  
I are one. And now I see stricken down an  
enemy, a lump of matter which, of all the lumps  
of matter in the universe, I care least for, and it  
still grieves me. Does this not prove that each  
of us is only part of a whole?

NIKOLA TESLA

3  
GLUE HERE  
DO NOT CUT

If I go into the place in myself that is love, and you go into the place in yourself that is love, we are together in love. Then you and I are truly in love, the state of being love. That's the entrance to Oneness.

RAM DASS

The sense of wholeness! Does one [make art...] to give one's fellow-men a sense of wholeness: First, a oneness with all men, then a oneness with all things, then a oneness with our cosmos, and finally a oneness with the vast invisible universe? Is that it? Is that our achievement and our peace?

D.H. LAWRENCE

Everything is interwoven, and the web is holy; none of its parts are unconnected. They are composed harmoniously, and together they compose the world. One world, made up of all things. One divinity, present in them all.

MARCUS AURELIUS

Only the whole is true, but the whole cannot be spoken or thought.

ECKHART TOLLE

4  
GLUE HERE  
DO NOT CUT

Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope when you were called.

EPHESIANS 4:2-4

When the deep mystery of one Suchness is fathomed, All of a sudden we forget the external entanglements; When the ten thousand things are viewed in their oneness, We return to the origin and remain where we ever have been.

SHINJIN NO MEI

All differences in this world are of degree, and not of kind, because oneness is the secret of everything.

SWAMI VIVEKANANDA

The world is given to me only once, not one existing and one perceived. Subject and object are only one. The barrier between them cannot be said to have broken down... for this barrier does not exist.

ERWIN SCHRÖDINGER

5  
GLUE HERE  
DO NOT CUT

What then, is the Reality behind all our experiences? There is only one thing that never leaves us—pure consciousness. This alone is the constant feature of all experience. And this consciousness is the real, absolute Self. In dreamless sleep, even, the real Self persists (as we realize on waking, there being no break in essential continuity), while the ego-sense...has become temporarily merged in ignorance and has disappeared.

ADI SHANKARA

Since psyche and matter are contained in one and the same world, and moreover are in continuous contact with one another and ultimately rest on irrepresentable, transcendental factors, it is not only possible but fairly probable, even, that psyche and matter are two different aspects of one and the same thing.

CARL JUNG

The concrete pulses of experience appear pent in by no such definite limits as our conceptual substitutes for them are confined by. They run into one another continuously and seem to interpenetrate. What in them is relation and what is matter related is hard to discern.

WILLIAM JAMES

Always think of the universe as one living organism, with a single substance and a single soul; and observe how all things are submitted to the single perceptivity of this one whole, all are moved by its single impulse, and all play their part in the causation of every event that happens. Remark the intricacy of skein, the complexity of the web.

MARCUS AURELIUS

6  
GLUE HERE  
DO NOT CUT

To all, the Primal Light sends down Its ray.  
And every splendor into which it enters  
receives that radiance in its own way.

Therefore, since the act of loving grows  
from the act of recognition, the bliss of love  
blazes in some of these, and in some it glows.

Consider then how lofty and how wide  
is the excellence of the Eternal Worth  
which in so many mirrors can divide

Its power and majesty forevermore,  
Itself remaining One, as It was before.

THE DIVINE COMEDY

In the stillness of your presence,  
you can feel your own formless and  
timeless reality as the unmanifested life that  
animates your physical form. You can then feel  
the same life deep within every other human  
and every other creature. You look beyond the  
veil of form and separation. This is the  
realization of oneness. This is love.

ECKHART TOLLE

The dynamic quality of  
love lies in this very polarity:  
that it springs from the need  
of overcoming separateness,  
that it leads to oneness – and  
yet that individuality is not  
eliminated.

ERICH FROMM

Men are manifold, but Wisdom and  
Understanding are one and  
universal. Men are manifold, but the Spirit, the  
consciousness, is one, as sunlight is one. And  
therefore, because the consciousness of  
mankind is really one and universal, therefore  
mankind is one and universal. Therefore each  
individual is a term of the Infinite.

D.H. LAWRENCE

7  
GLUE HERE  
DO NOT CUT

True unity in the  
individual and between  
man and nature, as well  
as between man and man,  
can arise only in a form  
of action that does not  
attempt to fragment the  
whole of reality.

DAVID BOHM

There is no *isolation*  
in consciousness. There is  
separation, but always only  
as a kind of relationship  
and conjunction, precisely  
in *one* consciousness.

MARTIN HEIDEGGER

It is in Oneness  
that God is found and they  
who would find God must  
themselves become One.

MEISTER ECKHART

One Nature, perfect and pervading,  
circulates in all natures.

One Reality, all-encompassing, contains within  
itself all realities.

The one moon reflects itself wherever there is a  
sheet of water, and all the moons in the  
waters are embraced within the one moon.

YUNG-CHIA TA-SHIH

8  
GLUE HERE  
DO NOT CUT

In oneself lies the whole  
world, and if you know how to  
look and learn, the door is there  
and the key is in your hand.

JIDDU KRISHNAMURTI

Every single thing is  
just the One Mind. When you  
have perceived this, you will  
have mounted the Chariot of  
the Buddhas.

HUANG PO

Recognizing the  
Unity of all life, one sees his  
own Self in all other beings.

THE BUDDHA

Each person you meet  
is an aspect of yourself,  
clamoring for love.

ERIC MICHA'EL LEVENTHAL

END.  
CUT